

Friendly Visitors Wanted



East Valley Adult Resources (EVAR) is working with Meals on Wheels America™ on a special project to find new ways to help fight isolation and loneliness experienced by many of our homebound older and disabled adults in Mesa. Almost half of all older adults in our nation report having no one to turn to when they experience challenges. The health risk associated with prolonged isolation among seniors is the equivalence of smoking 15 cigarettes a day. For many of our Meals on Wheels participants in Mesa, the short daily delivery visits by our driver may be the only social contacts they regularly have.

With your help, we will match our Meals on Wheels participants with caring community volunteer friendly visitors. We are seeking compassionate volunteers to help us pilot the program who would be willing to schedule visits with their matched Meals on Wheels participant twice a month at least through September. Volunteers are required to have or obtain Level 1 Fingerprint Clearance Cards and comply with our agency's background check policies, as together we strive to protect and enhance the lives of our vulnerable seniors.

We have Meals on Wheels participants ready to meet you! For more information or to sign up, please contact Robin Finn, Volunteer Program Coordinator, at:

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