





March 2019 Menu

Lunch is served at 11:30am. For Next Day Reservations Call 480-962-5612 Before 2pm.

Monday	Tuesday	Wednesday	Thursday	Friday
 <p><i>East Valley Adult Resources, Inc is funded in part by Area Agency on Aging, Region One.</i></p>				<p>1</p> <p>Chicken Chimichanga Refried Beans Spanish Rice Whole Wheat Tortilla Cherry Crisp Chef's Special: Fish Sticks w/ Garden Salad</p>
<p>4</p> <p>Chicken Broccoli Alfredo Normandy Vegetable Blend Peas Whole Wheat Roll Sliced Peaches Chef's Choice</p>	<p>5</p> <p>Meatloaf w/ Gravy Baked Potato Garden Salad Whole Wheat Roll Mandarin Oranges Chef's Special: Soup & Salad Bar</p>	<p>6</p> <p>Garlic Honey Chicken Brown Rice Oriental Vegetable Blend Garden Salad Tapioca Pudding w/ Fruit Chef's Choice</p>	<p>7</p> <p>Cod w/ Marinara Thyme Sauce Baked Red Potatoes Winter Vegetable Blend Whole Wheat Roll Banana Chef's Special: Cheeseburger</p>	<p>8</p> <p>Swiss Steak Peas & Carrots Yellow Squash Whole Wheat Roll Tropical Fruit Chef's Special: Cheese Manicotti</p>
<p>11</p> <p>Pork Carnitas** Cabbage Salsa Black Beans Whole Wheat Tortilla Mango Chef's Choice</p>	<p>12</p> <p>Chicken Marsala w/ Noodles Mixed Vegetable Blend Chef's Vegetable Blend Peach Crisp Chef's Special: Soup & Salad Bar</p>	<p>13</p> <p>Fish Taco Cabbage Salad Green Beans Whole Wheat Tortilla Fresh Orange Chef's Choice</p>	<p>14</p> <p>Beef Burgundy Tips w/ Noodles Scandinavian Vegetable Blend Peas Whole Wheat Roll Grapes Chef's Special: Honey Stung Chicken</p>	<p>15</p> <p>St. Patrick's Day Celebration</p> <p>Corned Beef w/ Cabbage Steamed Red Potatoes Sliced Carrots Rye Bread Leprechaun Cake Chef's Special: Battered Cod </p>
<p>18</p> <p>Cold Salad Plate: Chicken, 3-Bean & Broccoli Salads Whole Wheat Roll Sliced Pears Chef Choice</p>	<p>19</p> <p>Baked Parmesan Catfish Spinach Carrots Whole Wheat Roll Sliced peaches Chef's Special: Soup & Salad Bar</p>	<p>20</p> <p>Roast Turkey Mashed Potatoes Green Beans Whole Wheat Roll Fruit gelatin Chef's Choice</p> <p><i>1st Day of Spring</i> </p>	<p>21</p> <p>BBQ Chicken Italian Vegetable Blend Garden Salad Whole Grain Bun Banana Cake Chef's Special: Turkey Burger</p>	<p>22</p> <p>Pesto Cheese Tortellini Sliced Carrots Zucchini & Squash Whole Grain Roll Fresh Orange Chef's Special: Potato Bar</p>
<p>25</p> <p>Crab Cake Rice Pilaf Peas & Carrots Whole Grain Roll Pineapple Ambrosia Chef's Choice</p>	<p>26</p> <p>Birthday Celebration</p> <p>Sloppy Joe Baked Beans Broccoli Whole Grain Bun Birthday Cake </p>	<p>27</p> <p>Breaded Pollock Garden Salad Capri Vegetable Blend Whole Wheat Roll Fruit Cocktail Chef's Choice</p>	<p>28</p> <p>Chili Dog Roasted Red Potatoes Carrots Whole Grain Bun Applesauce Chef's Special: BBQ Ribette</p>	<p>29</p> <p>Creole Chicken Breast w/ Rice Okra Mixed Vegetables Broccoli Whole Wheat Roll Pineapple Tidbits Chef's Special: Cheese Pizza Bar</p>