




May 2019 Menu

Lunch is served at 11:30am. For next-day reservations call 480-962-5612 (MAAC) or 480-218-2221 (RMAAC) before 2pm.

Items with ** contain pork or pork products. Menu items subject to change due to availability.

Monday	Tuesday	Wednesday	Thursday	Friday
<p><i>East Valley Adult Resources, Inc is funded in part by Area Agency on Aging, Region One.</i></p>		<p>1 Chicken Strips Roasted Potatoes Green Beans Whole Wheat Roll Mandarin Oranges Chef's Choice</p>	<p>2 Baked Cod Peas Brussel Sprouts Whole Wheat Roll Fruit Cocktail Chef's Special: Salisbury Steak</p>	<p>3 Cabbage Rolls w/ Marinara Scandinavian Blend Spinach Whole Wheat Roll Pears Chef's Special: Catfish Olympia</p>
<p>6 Baked Tilapia Baked Potato Mixed Vegetables Whole Wheat Roll Banana Pudding Fresh Fruit Chef's Choice</p>	<p>7 BBQ Chicken Baked Beans Broccoli Whole Wheat Roll Jell-O Cake Pears Chef's Special: Soup & Salad Bar</p>	<p>8 Turkey Burger w/ Lettuce & Tomato Spinach Four-Way Vegetables Whole Wheat Bun Fruit Cocktail Chef's Choice</p>	<p>9 Meatloaf Roasted Red Potatoes Winter Vegetables Whole Wheat Roll Orange Chef's Special: Honey Stung Chicken</p>	<p>10 Mother's Day Celebration Pork Stir Fry w/ Rice Pilaf** Cauliflower Peppers & Onions Whole Wheat Roll Pineapple Ambrosia Chef's Special: Potato Bar </p>
<p>13 Chicken Chimichanga Shredded Lettuce & Tomato Refried Beans Apple Chef's Choice</p>	<p>14 Egg Bake Hash Brown Potatoes Peppers, Onions, & Mushrooms Wheat Biscuit Banana Chef's Special: Soup & Salad Bar</p>	<p>15 Beef Tater Tot Casserole Stewed Tomatoes Green Beans Whole Wheat Roll Jell-O Fruit Salad Chef's Choice </p>	<p>16 Baked Pollock w/ Fruit Salsa Caribbean Vegetables Cauliflower Whole Wheat Roll Apricots Chef's Special: Spinach Mushroom Quiche</p>	<p>17 <u>Cold Salad Plate</u> Chicken, Beet, and Broccoli Whole Wheat Crackers Oreo Cake Fresh Fruit Chef's Special: Ham Salad Plate**</p>
<p>20 Dill Tilapia Spinach Scandinavian Vegetables Whole Wheat Roll Apricots Chef's Choice</p>	<p>21 Angel Hair Pasta  w/ Chicken Italian Vegetables Garden Salad Whole Wheat Roll Orange Chef's Special: Soup & Salad Bar</p>	<p>22 Pulled Pork Sandwich** Peppers & Onions in Entrée Brussel Sprouts Whole Wheat Roll Peaches Chef's Choice</p>	<p>23 Honey Garlic Chicken Over Rice Carrots Oriental Vegetables Cherry Trifle Cake Chef's Special: BBQ Ribette**</p>	<p>24 Lemon Baked Cod Chef's Vegetables Peas & Carrots Whole Wheat Roll Grapes Chef's Special: Pizza Bar</p>
<p>27 CLOSED IN OBSERVANCE OF MEMORIAL DAY </p>	<p>28 Birthday Celebration Beef Stew Chuckwagon Vegetables Winter Blend Vegetables Whole Wheat Roll Birthday Cake  Chef's Special: Soup & Salad Bar</p>	<p>29 Chicken Breast w/ Gravy Mashed Potatoes Rancho Fiesta Vegetables Whole Wheat Roll Fresh Orange Chef's Choice</p>	<p>30 <u>Cold Salad Plate</u> Seafood, Macaroni, and Three-Bean Whole Wheat Crackers Sliced Pears Chef's Special: Egg Salad Plate</p>	<p>31 Open Face Turkey Sandwich Yams Green Beans Whole Wheat Bread Applesauce Chef's Special: Ham Steak</p>