




April 2019 Menu

Lunch is served at 11:30am.

For next-day reservations call 480-962-5612 (MAAC) or 480-218-2221 (RMAAC) before 2pm.

Monday	Tuesday	Wednesday	Thursday	Friday
1 Italian Sausage Sandwich** Peppers & Onion Italian Vegetables Whole Grain Bun Sliced Peaches Chef's Choice	2 Beef Stew Over Rice Chuck Wagon Vegetables Winter Vegetables Whole Wheat Roll Fruit Ambrosia Chef's Special: Soup & Salad Bar	3 Chicken Breast w/ Gravy Mashed Potatoes Rancho Fiesta Vegetables Whole Wheat Roll Fresh Orange Chef's Choice	4 Seafood Salad Plate Vegetable Macaroni Salad 3 Bean Salad Whole Wheat Crackers Sliced Pears Chef's Special: Egg Salad	5 Open Face Turkey Sandwich w/ Gravy Yams Green Beans Applesauce Chef's Special: Cheese Manicotti
8 Spaghetti w/ Meat Sauce Capri Vegetables Spinach Whole Wheat Roll Orange Chef's Choice	9 Pork Loin w/ Mustard Sauce Yams Green Beans Whole Wheat Roll Apricots Chef's Special: Soup & Salad Bar	10 Butter Glazed Tilapia Cauliflower Normandy Vegetables Whole Wheat Roll Fruit Cocktail Chef's Choice	11 Soft Shell Chicken Taco Refried Beans Whole Wheat Tortilla Cherry Crisp Chef's Special: Ham Salad Plate**	12 Stuffed Peppers Lima Beans Garden Salad Whole Wheat Roll Pineapple Chef's Special: Potato Bar
15 Chicken Salad Sandwich Cucumber Salad Three-Bean Salad Whole Wheat Bun Fruit Blend Chef's Choice	16 Baked Lemon Catfish Mixed Vegetables Peas & Onions Whole Wheat Roll Fresh Orange Chef's Special: Soup & Salad Bar	17 Polish Sausage w/ Sauerkraut** Scalloped Potatoes Scandinavian Vegetables Whole Wheat Roll Sliced Apples Chef's Choice	18 Pepper Steak Over Egg Noodles Oriental Vegetables Four-Way Vegetables Whole Wheat Roll Fruit Cup Chef's Special: Chicken Carbonara	19 Easter Celebration Baked Ham w/ Pineapple Glaze** Au Gratin Potatoes Key Biscayne Vegetables Croissant Apple Pie 
22 Earth Day Pork Chop w/ Cherry Sauce** Roasted Red Potatoes Brussel Sprouts Whole Grain Roll Grapes Chef's Choice 	23 Birthday Celebration Meatloaf Mashed Potatoes Carrots Whole Wheat Roll Birthday Cake 	24 <u>Cold Salad Plate</u> Tuna, Beet and Three-Bean Salad Lettuce Whole Wheat Crackers Pineapple Ambrosia Chef's Choice	25 Hamburger Deluxe Italian Vegetables Baked Beans Whole Wheat Bun Seasonal Fruit Chef's Special: Hot Dog	26 Baked Chicken Breast w/Mushroom Sauce California Vegetable Blend Broccoli Cheese Rice Whole Grain Roll Chef's Special: Pizza Bar
29 Vegetable Lasagna Zucchini Broccoli Whole Wheat Roll Tropical Fruit Blend Chef's Choice	30 BBQ Pork Sandwich** Winter Vegetables Corn Whole Wheat Roll Black Forest Cake Chef's Special: Soup & Salad Bar		Items with ** contain pork or pork products. Menu items subject to change due to availability.	<i>East Valley Adult Resources, Inc is funded in part by Area Agency on Aging, Region One.</i>