

November 2019 Menu

Lunch is served at 11:30 am. For next-day reservations, call 480-962-5612 (MAAC) or 480-218-2221 (RMAAC) before 2:00 pm.

Items with ** contain pork or pork products. Menu items subject to change due to availability.

Monday	Tuesday	Wednesday	Thursday	Friday
 <h2 style="font-family: cursive;">Hello, November!</h2> <p><i>East Valley Adult Resources, Inc is funded in part by Area Agency on Aging, Region One</i></p>				<p>1</p> <p>Beef Stew w/ Carrots & Potatoes California Vegetables Corn Cornbread Strawberries</p>
<p>4</p> <p>Breakfast Sandwich w/ Egg, Pork Sausage, & Cheese ** Hash Browns Tomato Wedges Cheddar Chive Biscuit Fresh Apples</p>	<p>5</p> <p>Balsamic Glazed Chicken Asparagus Dill Roasted Carrots Whole Grain Roll Apricots</p>	<p>6</p> <p>Meatloaf w/ Gravy Festive Cauliflower Mashed Potatoes Whole Grain Roll Fruit Oreo Cake</p>	<p>7</p> <p>Chef Salad w/ Turkey, Ham, Egg & Cheese ** Corn Salad Whole Grain Crackers Fresh Orange</p>	<p>8</p> <p>Open Face Turkey Sandwich w/ Gravy Mixed Vegetables Cranberry Yams Whole Grain Roll Slice Pears</p>
<p>11</p> <p>Sliced Steak Diane Cauliflower Baked Potato Whole Grain Roll Rice Pudding w/ Bananas</p>	<p>12</p> <p>Veggie Burger w/ Lettuce & Tomato Chef's Vegetable Blend Potato Wedges Apple Sauce</p>	<p>13</p> <p>Chicken Stroganoff w/ Noodles Brussel Sprouts Winter Blend Vegetables Whole Grain Roll Mixed Fruit</p>	<p>14</p> <p>Meatball Sub w/ Cheese Garden Salad Green Beans Fruit Crisp</p>	<p>15</p> <p>Orange Sage Pork Chop ** Succotash Spinach Couscous Whole Wheat Roll Sliced Peaches</p>
<p>18</p> <p>Pork Riblets ** Carrots Peas Whole Grain Roll Tropical Fruit</p>	<p>19</p> <p>Grilled Chicken Piccata Spinach Roasted Turnips Whole Grain Roll Mandarin Oranges</p>	<p>20</p> <p>Spaghetti w/ Meatballs Italian Veggie Blend Zucchini Whole Wheat Bread Stick Sliced Apples</p>	<p>21</p> <p>Greek Style Redfish w/ Feta, Olives, & Cucumber Mix Steamed Cabbage Rosemary Potatoes Whole Grain Roll Fresh Fruit</p>	<p>22</p> <p>Thanksgiving Celebration</p> <p>Roast Turkey w/ Gravy Bread Stuffing Mashed Potatoes Green Bean Casserole Pumpkin Pie </p>
<p>25</p> <p>Honey Butter Chicken Broccoli Sweet Potato Whole Grain Roll Mandarin Oranges</p>	<p>26</p> <p>Birthday Celebration</p> <p>Shepard's Pie Zucchi Squash Whole Grain Roll Peaches Birthday Cake </p>	<p>27</p> <p>Scrambled Egg w/ Mushrooms & Spinach O'Brien Potatoes Croissant Fresh Fruit</p>	<p>28 29</p> <p><i>Closed in Observance of Thanksgiving</i></p> <p></p>	