




April 2019 Menu

Lunch is served at 11:30am.

For next-day reservations call 480-962-5612 (MAAC) or 480-218-2221 (RMAAC) before 2pm.

Monday	Tuesday	Wednesday	Thursday	Friday
1 Italian Sausage Sandwich** Peppers & Onion Italian Vegetables Whole Grain Bun Sliced Peaches	2 Beef Stew Over Rice Chuck Wagon Vegetables Winter Vegetables Whole Wheat Roll Fruit Ambrosia	3 Chicken Breast w/ Gravy Mashed Potatoes Rancho Fiesta Vegetables Whole Wheat Roll Fresh Orange	4 Seafood Salad Plate Vegetable Macaroni Salad 3 Bean Salad Whole Wheat Crackers Sliced Pears	5 Open Face Turkey Sandwich w/ Gravy Yams Green Beans Applesauce
8 Spaghetti w/ Meat Sauce Capri Vegetables Spinach Whole Wheat Roll Orange	9 Pork Loin w/ Mustard Sauce Yams Green Beans Whole Wheat Roll Apricots	10 Butter Glazed Tilapia Cauliflower Normandy Vegetables Whole Wheat Roll Fruit Cocktail	11 Soft Shell Chicken Taco Refried Beans Whole Wheat Tortilla Cherry Crisp	12 Stuffed Peppers Lima Beans Garden Salad Whole Wheat Roll Pineapple
15 Chicken Salad Sandwich Cucumber Salad Three-Bean Salad Whole Wheat Bun Fruit Blend	16 Baked Lemon Catfish Mixed Vegetables Peas & Onions Whole Wheat Roll Fresh Orange	17 Polish Sausage w/ Sauerkraut** Scalloped Potatoes Scandinavian Vegetables Whole Wheat Roll Sliced Apples	18 Pepper Steak Over Egg Noodles Oriental Vegetables Four-Way Vegetables Whole Wheat Roll Fruit Cup	19 Easter Celebration Baked Ham w/ Pineapple Glaze** Au Gratin Potatoes Key Biscayne Vegetables Croissant Apple Pie 
22 Earth Day Pork Chop w/ Cherry Sauce** Roasted Red Potatoes Brussel Sprouts Whole Grain Roll Grapes 	23 Birthday Celebration Meatloaf Mashed Potatoes Carrots Whole Wheat Roll Birthday Cake 	24 <u>Cold Salad Plate</u> Tuna, Beet and Three-Bean Salad Lettuce Whole Wheat Crackers Pineapple Ambrosia	25 Hamburger Deluxe Italian Vegetables Baked Beans Whole Wheat Bun Seasonal Fruit	26 Baked Chicken Breast w/Mushroom Sauce California Vegetable Blend Broccoli Cheese Rice Whole Grain Roll
29 Vegetable Lasagna Zucchini Broccoli Whole Wheat Roll Tropical Fruit Blend	30 BBQ Pork Sandwich** Winter Vegetables Corn Whole Wheat Roll Black Forest Cake		Items with ** contain pork or pork products. Menu items subject to change due to availability.	<i>East Valley Adult Resources, Inc is funded in part by Area Agency on Aging, Region One.</i>