

November 2019 Menu

Lunch is served at 11:30 am. For next-day reservations, call 480-962-5612 (MAAC) or 480-218-2221 (RMAAC) before 2:00 pm.

Items with ** contain pork or pork products. Menu items subject to change due to availability.

Monday	Tuesday	Wednesday	Thursday	Friday
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Hello, November!

East Valley Adult Resources, Inc is funded in part by Area Agency on Aging, Region One

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 Beef Stew w/ Carrots & Potatoes
 California Vegetables
 Corn
 Cornbread
 Strawberries
Chef's Special:
 Grilled Ham & Cheese

<p>4 Breakfast Sandwich w/ Egg, Pork Sausage, & Cheese ** Hash Browns Tomato Wedges Cheddar Chive Biscuit Fresh Apples Chef's Special: Fish Sticks</p>	<p>5 Balsamic Glazed Chicken Asparagus Dill Roasted Carrots Whole Grain Roll Apricots Chef's Special: Soup & Salad</p>	<p>6 Meatloaf w/ Gravy Festive Cauliflower Mashed Potatoes Whole Grain Roll Fruit Oreo Cake Chef's Choice</p>	<p>7 Chef Salad w/ Turkey, Ham, Egg & Cheese ** Corn Salad Whole Grain Crackers Fresh Orange Chef's Special: Fried Chicken</p>	<p>8 Open Face Turkey Sandwich w/ Gravy Mixed Vegetables Cranberry Yams Whole Grain Roll Slice Pears Chef's Special: Macaroni & Cheese</p>
<p>11 Sliced Steak Diane Cauliflower Baked Potato Whole Grain Roll Rice Pudding w/ Bananas Chef's Special: Hot Dog</p>	<p>12 Veggie Burger w/ Lettuce & Tomato Chef's Vegetable Blend Potato Wedges Apple Sauce Chef's Special: Soup & Salad</p>	<p>13 Chicken Stroganoff w/ Noodles Brussel Sprouts Winter Blend Vegetables Whole Grain Roll Mixed Fruit Chef's Choice</p>	<p>14 Meatball Sub w/ Cheese Garden Salad Green Beans Fruit Crisp Chef's Special: Honey Stung Chicken</p>	<p>15 Orange Sage Pork Chop ** Succotash Spinach Couscous Whole Wheat Roll Sliced Peaches Chef's Special: Pizza Bar</p>
<p>18 Pork Riblets ** Carrots Peas Whole Grain Roll Tropical Fruit Chef's Special: Homburger</p>	<p>19 Grilled Chicken Piccata Spinach Roasted Turnips Whole Grain Roll Mandarin Oranges Chef's Special: Soup & Salad</p>	<p>20 Spaghetti w/ Meatballs Italian Veggie Blend Zucchini Whole Wheat Bread Stick Sliced Apples Chef's Choice</p>	<p>21 Greek Style Redfish w/ Feta, Olives, & Cucumber Mix Steamed Cabbage Rosemary Potatoes Whole Grain Roll Fresh Fruit Chef's Special: Dill Tilapia</p>	<p>22 Thanksgiving Celebration Roast Turkey w/ Gravy Bread Stuffing Mashed Potatoes Green Bean Casserole Pumpkin Pie </p>
<p>25 Honey Butter Chicken Broccoli Sweet Potato Whole Grain Roll Mandarin Oranges Chef's Special: Grilled Cheese & Tomato Soup</p>	<p>26 Birthday Celebration Shepard's Pie Zucchi Squash Whole Grain Roll Peaches Birthday Cake </p>	<p>27 Scrambled Egg w/ Mushrooms & Spinach O'Brien Potatoes Croissant Fresh Fruit Chef's Choice</p>	<p>28 29 Closed in Observance of Thanksgiving </p>	