MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
JUNE 2017 MENU  Served at 11:30am M-F at both Active Adult  Centers  Menu items are subject to change due to availability of food items.  Items marked with ** contain pork or pork products.  East Valley Adult Resources, Inc is funded in part by Area Agency on Aging - Region One.			1st Chicken stroganoff w/ egg noodle Italian blend Peas & pimentos Sliced peaches Whole grain roll Chef's special: Ham salad plate**	2nd Sweet & sour pork** Brown rice Japanese blend Chef's blend Banana Chef's special: Chicken lettuce wraps
5th Shepherd's pie w/ mashed potatoes Brussel sprouts Chef's blend Fresh plum Whole grain roll Chef's special: Potato bar	6th  BBQ chicken thigh Battered French fries Buttered corn Fruit Jell-O Biscuit Chef's special: Soup & salad bar	7th Swedish meatballs Egg noodles Broccoli Oriental blend Pear halves Whole grain roll Chef's choice	8th Cheese tortellini w/ cream sauce Sliced carrots French cut green beans Peaches & cream Whole grain roll Chef's special:	9th  Baked catfish Sweet potato fries Garlic roasted tomato Blueberry crisp Whole grain roll Chef's special: Pizza bar
12th Pepper steak w/ egg noodles Key Biscayne blend Broccoli Mango Whole grain roll Chef's special: Pulled pork sandwich **	13th  Beef lasagna Garden salad Italian blend Cherry trifle Breadstick Chef's special: Soup & salad bar	14th  Baked ham w/ citrus clove glaze** Baked yams Cauliflower Brown sugar apricots Whole grain roll Chef's choice	BBQ baby back ribs**  15th  Tuna casserole Scandinavian blend Wax beans Pineapple tidbits Whole grain roll Chef's special: Turkey & cheese wrap	16th Father's Day Celebration Open-faced turkey sandwich Mashed potato Succotash Jell-O cake Whole grain bread
19th  Baked rigatoni w/ sausage** California blend Spinach Mandarin oranges Whole grain roll Chef's special: Honey stung chicken	20th Spinach mushroom quiche Peas & pearl onions Stewed tomatoes Cinnamon sliced apples Whole grain roll Chef's special: Soup & salad bar	21st  Herb roasted chicken breast Rice pilaf Corn w/ peppers & onion Ambrosia Whole grain roll Chef's choice	22nd Spaghetti w/ meat sauce Whole wheat pasta Zucchini & squash Garden salad Tropical fruit Chef's special: Chicken Florentine	23rd Chicken enchilada casserole Refried beans Spanish rice Mexican rice pudding Chef's special: Hoagie bar
26th Bratwurst w /sauerkraut** Seasoned potato wedge Four way blend Fresh fruit Whole grain bun Chef's special: Mexican chicken breast	27th Birthday Celebration Salisbury steak Scalloped potatoes Green beans Birthday cake Whole grain roll	28th Cheese manicotti w/ marinara Garden salad Brussel sprouts Peach crisp Whole grain roll Chef choice	29th Breaded Swiss steak Garlic mashed potatoes Bermuda blend Cinnamon applesauce Whole grain roll Chef's special: Chicken cordon bleu**	30th Egg strata w/ ham** & cheese Roasted red potato Sliced carrots Banana Chef's special: Potato bar