

January 2019 Menu

For Next Day Reservations Call 480-962-5612 Before 2pm

Monday	Tuesday	Wednesday	Thursday	Friday
<p>Menu items are subject to change due to availability of food items.</p> <p>Items with ** contain pork or pork products.</p>	<p>1st</p> <p>New Year's Day</p> <p>CLOSED</p> 	<p>2nd</p> <p>Sweet & Sour Meatballs** Oriental Blend Roasted Tomato Whole Wheat Roll Pineapple</p>	<p>3rd</p> <p>Baked Ham w/ Pineapple Glaze** Bermuda Vegetables Garden Salad Whole Wheat Roll Mango</p>	<p>4th</p> <p>Baked Chicken Chimichanga Refried Beans Spanish Rice Whole Wheat Tortilla Cherry Crisp</p>
<p>7th</p> <p>Chicken Broccoli Alfredo Normandy Vegetables Peas Whole Wheat Roll Peaches</p>	<p>8th</p> <p>Meatloaf w/ Gravy Baked Potato Garden Salad Whole Wheat Roll Mandarin Oranges</p>	<p>9th</p> <p>Garlic Honey Chicken Brown Rice Oriental Vegetables Winter Blend Vegetables Tapioca Pudding w/ Fruit</p>	<p>10th</p> <p>Baked Cod w/ Tomato Sauce Roasted Red Potatoes Garden Salad Whole Wheat Roll Banana</p>	<p>11th</p> <p>Swiss Steak Peas & Carrots Yellow Squash Whole Wheat Roll Tropical Fruit Mix</p>
<p>14th</p> <p>Pork Carnitas** Cabbage Salsa Black Beans Whole Wheat Tortilla Mango</p>	<p>15th</p> <p>Chicken Marsala w/ Noodles Mixed Vegetables Chef's Vegetable Blend Peach Crisp</p>	<p>16th</p> <p>Fish Taco Cabbage Salad Green Beans Whole Wheat Tortilla Mandarin Oranges</p>	<p>17th</p> <p>Beef Burgundy w/ Noodles Scandinavian Vegetables Peas Whole Wheat Roll Grapes</p>	<p>18th</p> <p>BBQ Pork Sandwich** Sicilian Vegetables Garden Salad Whole Wheat Bun Apple</p>
<p>21st</p> <p>Chicken Salad Plate Three-Bean Salad Broccoli Salad Whole Wheat Roll Peaches</p>	<p>22nd</p> <p>Birthday Celebration</p> <p>Baked Parmesan Catfish Spinach Carrots Birthday Cake</p>	<p>23rd</p> <p>Roasted Turkey Mashed Potatoes Green Beans Whole Grain Roll Fruited Gelatin</p>	<p>24th</p> <p>BBQ Chicken Italian Vegetables Garden Salad Whole Grain Bun Applesauce</p>	<p>25th</p> <p>Cheese Pesto Tortellini Carrots Zucchini & Squash Whole Grain Roll Fresh Orange</p>
<p>28th</p> <p>Crab Cake Rice Pilaf Green Beans Peas & Carrots Whole Grain Roll Pineapple Ambrosia</p>	<p>29th</p> <p>Sloppy Joe Baked Beans Broccoli Sliced Pears</p>	<p>30th</p> <p>Breaded Pollock Garden Salad Capri Vegetables Whole Wheat Roll Fruit Cocktail</p>	<p>31st</p> <p>Chili Dog Roasted Red Potatoes Carrots Banana Cake</p>	<p><i>East Valley Adult Resources, Inc is funded in part by Area Agency on Aging, Region One.</i></p>