



# Staying Safe at Home

*A Forum for Caregivers and Older Adults*



**EAST VALLEY**  
ADULT RESOURCES

**Tuesday, February 26, 2019**

7:30am - 11:00am

**Red Mountain Active Adult Center**

7550 East Adobe Street

Mesa, AZ 85207

**480-218-2221**

**Friday, March 8, 2019**

7:30am - 11:00am

**Mesa Active Adult Center**

247 Macdonald Street

Mesa, AZ 85201

**480-962-5612**

This Forum will offer practical information on ways to prevent common in-home injuries and enhance safety. A full agenda is available on the reverse side of this page.

Through support of Area Agency on Aging, Region One, we are pleased to offer this Forum to you at no charge. However, space is limited.

**Please call the Center listed above to register in advance.**

Sponsored By



AREA AGENCY ON AGING  
REGION ONE, INCORPORATED



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### **Program**

7:30 AM

**Registration Opens**  
Continental Breakfast

8:00 AM

**Welcome and Introductions**

**“Tips for In-Home Safety”**

Kelly Watson, Executive Director

Alexa Duke, Business Operations Manager

Rebuilding Together Valley of the Sun

**“Fire and Kitchen Safety”**

Nanette Rodriguez, Fire and Life Safety Education Specialist

Mesa Fire and Medical Department

***Break, Refreshments and Exhibitor Visits***

**“Preventing Falls and Injury”**

Elton Bordenave, PhD, Director, Center for Resilience in Aging

Jeffrey Alexander, PhD, Associate Professor

A.T. Still University

**“Community Resources”**

Carol Dopudja, MBA/PA, Program Operations Director

Brian Johnson, MS, Director of Social Services

East Valley Adult Resources

11:00 AM

**Closing Remarks**