

# December 2018 Menu

For Next Day Reservations Call 480-962-5612 Before 2pm

Monday	Tuesday	Wednesday	Thursday	Friday
<b>3</b> Crab Cake Rice Pilaf Peas & Carrots Whole Grain Roll Pineapple Ambrosia	<b>4</b> Sloppy Joe Baked Beans Broccoli Sliced Pears	<b>5</b> Breaded Pollock Garden Salad Capri Vegetables Whole Wheat Roll Fruit Cocktail	<b>6</b> Chili Dog Roasted Red Potatoes Carrots Banana Cake	<b>7</b> Creole Chicken Breast White Rice Okra Vegetable Blend Broccoli Whole Wheat Roll Pineapple Tidbits
<b>10</b> Pork Chopette ** Normandy Vegetables Spinach Whole Wheat Roll Apricots	<b>11</b> Hungarian Goulash Peas Zucchini Squash Whole Wheat Roll Mandarin Oranges	<b>12</b> Tuna Casserole Carrots Oriental Vegetables Whole Wheat Roll Fruit Cup	<b>13</b> Breaded Swiss Steak Baked Potato Garden Salad Fresh Plum	<b>14</b> Chicken Alfredo w/ Noodles Spinach Italian Vegetables Orange
<b>17</b> Asian Glazed Chicken White Rice Asian Vegetable Blend Chef's Mixed Vegetables Whole Wheat Roll Mandarin Oranges	<b>18</b> <b>Birthday Celebration</b> Ground Beef Chili Corn Broccoli Whole Wheat Crackers Birthday Cake	<b>19</b> <b>Christmas Luncheon</b> Baked Ham w/ Cherry Glaze** Candied Yams Green Beans w/ Mushrooms Croissant Apple Pie w/ Whipped Topping	<b>20</b> Turkey Burger Deluxe Coleslaw Corn & Green Peppers Fruit Ambrosia Salad	<b>21</b> Breaded Catfish Roasted Tomato California Blend Cherry Crisp
<b>24</b> Pork Stir Fry w/ Vegetables** Brown Rice Broccoli Diced Peaches	<b>25</b> <b>CLOSED</b> <b>Christmas Day</b>	<b>26</b> Egg Salad on a Bed of Lettuce Corn Salad w/ Peppers Three-Bean Salad Whole Wheat Roll Mango	<b>27</b> Penne Pasta w/ Meat Sauce Brussels Sprouts Mixed Vegetables Mandarin Oranges	<b>28</b> <b>New Year's Luncheon</b> Scrambled Eggs w/ Cheese Biscuits & Sausage Gravy** Roasted Red Potatoes Blueberry Crisp
<b>31</b> BBQ Chicken Broccoli Mixed Vegetables Whole Wheat Roll Sliced Pears	Menu items are subject to change due to availability of food items. Items with ** contain pork or pork products.  For next-day reservations, call 480-962-5612 before 2pm.  East Valley Adult Resources, Inc is funded in part by Area Agency on Aging, Region One.			