

February 2019 Menu

Lunch is served at 11:30am. For Next Day Reservations Call 480-962-5612 Before 2pm.

Monday	Tuesday	Wednesday	Thursday	Friday
 <p>February: Honoring Black History Month</p>				
				<p>1</p> <p>Creole Chicken Breast and Rice Okra Mixed Vegetables Broccoli Whole Wheat Roll Pineapple Tidbits</p>
<p>4</p> <p>Pork Chopette** Carrots Spinach Whole Wheat Roll Apricots</p>	<p>5</p> <p>Hungarian Goulash Peas Zucchini Whole Wheat Roll Mandarin Oranges</p>	<p>6</p> <p>Tuna Casserole Oriental Vegetable Blend Garden Salad Whole Wheat Roll Fruit Cup</p>	<p>7</p> <p>Breaded Swiss Steak Baked Potato Normandy Blend Vegetables Whole Wheat Roll Fresh Plum</p>	<p>8</p> <p>Cherry Glazed Ham ** Mashed Yams Cauliflower Whole Wheat Roll Peach Oatmeal Crisp</p>
<p>11</p> <p>Asian Glazed Chicken Asian Vegetables Chef's Vegetable Blend Whole Wheat Roll Mandarin Oranges</p>	<p>12</p> <p>Bratwurst w/ Sauerkraut** Corn Baked Beans Whole Wheat Bun Banana</p>	<p>13</p> <p>Chicken Alfredo Whole Wheat Pasta Spinach Italian Blend Sliced Peaches</p>	<p>14</p> <p> Turkey Burger Deluxe Coleslaw Corn & Green Peppers Whole Wheat Bun Fruit Ambrosia</p>	<p>15</p> <p>Breaded Catfish Roasted Tomato California Blend Cherry Crisp</p>
<p>18</p> <p>CLOSED Presidents' Day</p> 	<p>19</p> <p>Cold Salad Plate Turkey, Cucumber & Beet Salads Whole Wheat Roll Fruit Blend</p>	<p>20</p> <p>Mushroom Porkchop** Mashed Potatoes Spinach Whole Wheat Roll Applesauce</p>	<p>21</p> <p>Baked Penne Pasta w/ Meat Sauce Roasted Brussel Sprouts Mixed Vegetables Mandarin Oranges</p>	<p>22</p> <p>Cold Salad Plate Egg, Corn & Three Bean Salads Whole Wheat Roll Mango</p>
<p>25</p> <p>BBQ Chicken Broccoli Mixed Vegetables Whole Wheat Roll Sliced Pears</p>	<p>26</p> <p>Birthday Celebration Lemon Pepper Tilapia California Vegetable Blend Garden Salad Whole Wheat Roll Birthday Cake</p>	<p>27</p> <p>Sweet & Sour Meatballs ** Oriental Vegetable Blend Garden Salad Whole Wheat Roll Pineapple</p>	<p>28</p> <p>Pineapple Glazed Ham** Bermuda Vegetable Blend Roasted Tomato Whole Wheat Roll Mango</p>	<p><i>East Valley Adult Resources, Inc is funded in part by Area Agency on Aging, Region One.</i></p>