

January 2019 Menu

For Next Day Reservations Call 480-962-5612 Before 2pm

Monday	Tuesday	Wednesday	Thursday	Friday
<p>Menu items are subject to change due to availability of food items.</p> <p>Items with ** contain pork or pork products.</p>	<p>1st</p> <p>New Year's Day</p> <p>CLOSED</p> 	<p>2nd</p> <p>Sweet & Sour Meatballs**</p> <p>Oriental Blend</p> <p>Roasted Tomato</p> <p>Whole Wheat Roll</p> <p>Pineapple</p> <p>Chef's Choice</p>	<p>3rd</p> <p>Baked Ham w/ Pineapple Glaze**</p> <p>Bermuda Vegetables</p> <p>Garden Salad</p> <p>Whole Wheat Roll</p> <p>Mango</p> <p>Chef's Special: Honey Stung Chicken</p>	<p>4th</p> <p>Baked Chicken</p> <p>Chimichanga</p> <p>Refried Beans</p> <p>Spanish Rice</p> <p>Whole Wheat Tortilla</p> <p>Cherry Crisp</p> <p>Chef's Special: Turkey Salad Plate</p>
<p>7th</p> <p>Chicken Broccoli Alfredo</p> <p>Normandy Vegetables</p> <p>Peas</p> <p>Whole Wheat Roll</p> <p>Peaches</p> <p>Chef's Choice</p>	<p>8th</p> <p>Meatloaf w/ Gravy</p> <p>Baked Potato</p> <p>Garden Salad</p> <p>Whole Wheat Roll</p> <p>Mandarin Oranges</p> <p>Chef's Special: Ham Steak**</p>	<p>9th</p> <p>Garlic Honey Chicken</p> <p>Brown Rice</p> <p>Oriental Vegetables</p> <p>Winter Blend</p> <p>Vegetables</p> <p>Tapioca Pudding w/ Fruit</p> <p>Chef's Choice</p>	<p>10th</p> <p>Baked Cod w/ Tomato Sauce</p> <p>Roasted Red Potatoes</p> <p>Garden Salad</p> <p>Whole Wheat Roll</p> <p>Banana</p> <p>Chef's Special: Cheese Manicotti</p>	<p>11th</p> <p>Swiss Steak</p> <p>Peas & Carrots</p> <p>Yellow Squash</p> <p>Whole Wheat Roll</p> <p>Tropical Fruit Mix</p> <p>Chef's Special: Pizza Bar</p>
<p>14th</p> <p>Pork Carnitas**</p> <p>Cabbage Salsa</p> <p>Black Beans</p> <p>Whole Wheat Tortilla</p> <p>Mango</p> <p>Chef's Choice</p>	<p>15th</p> <p>Chicken Marsala w/ Noodles</p> <p>Mixed Vegetables</p> <p>Chef's Vegetable Blend</p> <p>Peach Crisp</p> <p>Chef's Special: Ham & Cheese Monte Cristo**</p>	<p>16th</p> <p>Fish Taco</p> <p>Cabbage Salad</p> <p>Green Beans</p> <p>Whole Wheat Tortilla</p> <p>Mandarin Oranges</p> <p>Chef's Choice</p>	<p>17th</p> <p>Beef Burgundy w/ Noodles</p> <p>Scandinavian Vegetables</p> <p>Peas</p> <p>Whole Wheat Roll</p> <p>Grapes</p> <p>Chef's Special: Creamed Chicken</p>	<p>18th</p> <p>BBQ Pork Sandwich**</p> <p>Sicilian Vegetables</p> <p>Garden Salad</p> <p>Whole Wheat Bun</p> <p>Apple</p> <p>Chef's Special: Chili Cheeseburger</p>
<p>21st</p> <p>Chicken Salad Plate</p> <p>Three-Bean Salad</p> <p>Broccoli Salad</p> <p>Whole Wheat Roll</p> <p>Peaches</p> <p>Chef's Choice</p>	<p>22nd</p> <p>Birthday Celebration</p> <p>Baked Parmesan</p> <p>Catfish</p> <p>Spinach</p> <p>Carrots</p> <p>Birthday Cake</p> <p>Chef's Special: Soup & Salad Bar</p>	<p>23rd</p> <p>Roasted Turkey</p> <p>Mashed Potatoes</p> <p>Green Beans</p> <p>Whole Grain Roll</p> <p>Fruited Gelatin</p> <p>Chef's Choice</p>	<p>24th</p> <p>BBQ Chicken</p> <p>Italian Vegetables</p> <p>Garden Salad</p> <p>Whole Grain Bun</p> <p>Applesauce</p> <p>Chef's Special: Coconut Tilapia</p>	<p>25th</p> <p>Cheese Pesto</p> <p>Tortellini</p> <p>Carrots</p> <p>Zucchini & Squash</p> <p>Whole Grain Roll</p> <p>Fresh Orange</p> <p>Chef's Special: Potato Bar</p>
<p>28th</p> <p>Crab Cake</p> <p>Rice Pilaf</p> <p>Green Beans</p> <p>Peas & Carrots</p> <p>Whole Grain Roll</p> <p>Pineapple</p> <p>Ambrosia</p> <p>Chef's Choice</p>	<p>29th</p> <p>Sloppy Joe</p> <p>Baked Beans</p> <p>Broccoli</p> <p>Sliced Pears</p> <p>Chef's Special: Soup & Salad Bar</p>	<p>30th</p> <p>Breaded Pollock</p> <p>Garden Salad</p> <p>Capri Vegetables</p> <p>Whole Wheat Roll</p> <p>Fruit Cocktail</p> <p>Chef's Choice</p>	<p>31st</p> <p>Chili Dog</p> <p>Roasted Red Potatoes</p> <p>Carrots</p> <p>Banana Cake</p> <p>Chef's Special: BBQ Ribette Sandwich</p>	<p><i>East Valley Adult Resources, Inc is funded in part by Area Agency on Aging, Region One.</i></p>