


# February 2019 Menu

Lunch is served at 11:30am. For Next Day Reservations Call 480-962-5612 Before 2pm.

Monday	Tuesday	Wednesday	Thursday	Friday
 <p><b>February: Honoring Black History Month</b></p>				
<p><b>4</b></p> <p>Pork Chopette** Carrots Spinach Whole Wheat Roll Apricots <b>Chef's Choice</b></p>	<p><b>5</b></p> <p>Hungarian Goulash Peas Zucchini Whole Wheat Roll Mandarin Oranges <b>Chef's Special:</b> Soup &amp; Salad Bar Mandarin Oranges</p>	<p><b>6</b></p> <p>Tuna Casserole Oriental Vegetable Blend Garden Salad Whole Wheat Roll Fruit Cup <b>Chef's Choice</b></p>	<p><b>7</b></p> <p>Breaded Swiss Steak Baked Potato Normandy Blend Vegetables Whole Wheat Roll Fresh Plum <b>Chef's Special:</b> Honey Stung Chicken</p>	<p><b>1</b></p> <p>Creole Chicken Breast and Rice Okra Mixed Vegetables Broccoli Whole Wheat Roll Pineapple Tidbits <b>Chef's special:</b> BBQ Pork Over Rice**</p>
<p><b>11</b></p> <p>Asian Glazed Chicken Asian Vegetables Chef's Vegetable Blend Whole Wheat Roll Mandarin Oranges <b>Chef's Choice</b></p>	<p><b>12</b></p> <p>Bratwurst w/ Sauerkraut** Corn Baked Beans Whole Wheat Bun Banana <b>Chef's Special:</b> Soup &amp; Salad Bar</p>	<p><b>13</b></p> <p>Chicken Alfredo Whole Wheat Pasta Spinach Italian Blend Sliced Peaches <b>Chef's Choice</b></p>	<p><b>14</b></p> <p style="text-align: center;"></p> <p>Turkey Burger Deluxe Coleslaw Corn &amp; Green Peppers Whole Wheat Bun Fruit Ambrosia <b>Chef's Special:</b> BBQ Ribette Sandwich**</p>	<p><b>15</b></p> <p>Breaded Catfish Roasted Tomato California Blend Cherry Crisp <b>Chef's Special:</b> Meatloaf w/ Mushroom Gravy</p>
<p><b>18</b></p> <p style="text-align: center;"><b>CLOSED</b> Presidents' Day</p> <p style="text-align: center;"></p>	<p><b>19</b></p> <p>Cold Salad Plate Turkey, Cucumber &amp; Beet Salads Whole Wheat Roll Fruit Blend <b>Chef's Special:</b> Soup &amp; Salad Bar</p>	<p><b>20</b></p> <p>Mushroom Porkchop** Mashed Potatoes Spinach Whole Wheat Roll Applesauce <b>Chef's Choice</b></p>	<p><b>21</b></p> <p>Baked Penne Pasta w/ Meat Sauce Roasted Brussel Sprouts Mixed Vegetables Mandarin Oranges <b>Chef's Special:</b> Teriyaki Coconut Chicken</p>	<p><b>22</b></p> <p>Cold Salad Plate Egg, Corn &amp; Three Bean Salads Whole Wheat Roll Mango <b>Chef's Choice</b></p>
<p><b>25</b></p> <p>BBQ Chicken Broccoli Mixed Vegetables Whole Wheat Roll Sliced Pears <b>Chef's Choice</b></p>	<p><b>26</b></p> <p><b>Birthday Celebration</b> Lemon Pepper Tilapia California Vegetable Blend Garden Salad Whole Wheat Roll Birthday Cake <b>Chef's Special:</b> Soup &amp; Salad Bar</p>	<p><b>27</b></p> <p>Sweet &amp; Sour Meatballs ** Oriental Vegetable Blend Garden Salad Whole Wheat Roll Pineapple <b>Chef's Choice</b></p>	<p><b>28</b></p> <p>Pineapple Glazed Ham** Bermuda Vegetable Blend Roasted Tomato Whole Wheat Roll Mango <b>Chef's Special:</b> Mexican Grilled Chicken Breast</p>	<p style="text-align: center;"><i>East Valley Adult Resources, Inc is funded in part by Area Agency on Aging, Region One.</i></p>