

About the Assistance For Independent Living (AIL) Volunteer Program

The AIL Volunteer Program is a network of community volunteers whose efforts support homebound, frail elderly with transportation and socialization. This amazing service enables seniors to remain in their own home with dignity, thus improving their quality of life.

AIL Volunteer clients are typically:

- Homebound, infrequently leaving their home for medical appointments and grocery shopping only
- Over 75 years old, without the ability to drive
- Women living independently without family living nearby or able to assist with transportation needs
- Challenged with one or more chronic health problems
- Express the desire of remaining in their own home and maintaining their independence

How AIL Volunteers Help Older Adults

Medical and Health Transportation

Transports seniors to medical, dental, & laboratory appointments.

Grocery Shopping

Transports homebound seniors to a grocery store or shops for a client with their grocery list.

Friendly Visiting

Provides face- to- face social interaction and companionship to our socially- isolated elderly.

Caring Calls

Provides friendly telephone calls to isolated seniors who desire and enjoy a pleasant conversation.

Visual Assistance

Is the “eyes” for a senior by filling out paperwork, reading the mail, writing a letter, or sharing a good book.

"Little Things"

Performs simple household tasks such as changing light bulbs, batteries, checking smoke detector (for on-going enrolled clients only).

Perscription Pick-Up

Volunteers pick- up necessary medications for our clients at a local pharmacy.

DO YOU HAVE THE TIME?

Volunteers are the very foundation upon which the AIL Volunteer Program is built. Their dedication, time and efforts help our clients to remain in their homes as they become frail. Volunteer services are simple but necessary tasks that support a senior's independence. As little as 2 hours a month from a volunteer can be the difference between living at home or living in a long term care facility.

AIL Volunteer Basic's

- Each volunteer determines their involvement and decides which type of service they want to perform as a AIL Volunteer volunteer.
- Volunteers can give as little as 2 hours of their time a month!
- AIL Volunteer volunteers can choose to be involved with a client on a short or long- term basis.
- Volunteers can choose to work with one or multiple seniors.
- Volunteers have the opportunity to be a part of an older person's life and experience great personal satisfaction!
- All volunteers participate in an orientation.