

FROZEN FRIDAY MENU NOVEMBER 2010

- November 5 Salisbury Steak
 Chicken Chow Mein
- November 12 Baked Chicken
 Ground Beef Goulash
- November 19 Chinese Pepper Steak
 Monterey Chicken
- November 26 Broccoli & Cheddar Stuffed Chicken
 BBQ Ribette