

APRIL 2010 MENU

*Menu items are subject to change due to availability of food items

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
			1 st Healthy Living Expo @ RMAAC Chicken Salad Platter California Pasta Medley Carrot & Raisin Salad Whole Wheat Roll Strawberry Shortcake	2 nd Spring Celebration Baked Ham Au Gratin Potatoes Green Beans Potato Roll Apple Pie Chef's Special: Tilapia Olympia
5 th Diamondback's Home Opener All Beef Hot Dogs Baked Potato Wedges Sweet Corn Whole Wheat Hot Dog Bun Ice Cream Sandwich Chef's Special: Chicken Tenders	6 th Roast Pork Loin Vegetable Rice Pilaf Garden Salad Whole Wheat Roll Fresh Oranges Chef's Special: Chef's Choice with Ice Cream	7 th Salisbury Steak Mashed Potatoes Sliced Carrots Whole Wheat Roll Cherry Cobbler Soup Du Jour	8 th Chicken Fritter with Country Gravy Black Eyed Peas Collard Greens Whole Wheat Roll Fresh Fruit Chef's Special: Tuna Salad Plate	9 th Roast Turkey & Dressing Mashed Potatoes Green Beans Whole Wheat Roll Fruit Cocktail Chef's Special: Breakfast Bar
12 th Shepherd's Pie Mashed Potatoes Stewed Tomatoes Whole Wheat Roll Fresh Oranges Chef's Special: Enchiladas with Rice & Beans	13 th BBQ Chicken Sandwich Baked Potato Wedges Buttered Corn Whole Wheat Bun Tropical Fruit Salad Chef's Special: Chef's Choice with Cookie	14 th Chef Salad Pickled Beets Macaroni Salad Whole Wheat Roll Fresh Fruit Soup Du Jour	15 th Fusilli & Three Cheese Lasagna Casserole Italian Vegetables Roasted Tomato Whole Wheat Roll Apricots Chef's Special: Strawberry Spinach Patch Salad	16 th Roast Beef Mashed Potatoes Capri Blended Vegetables Whole Wheat Roll Mandarin Orange Cake Chef's Special: Honey Stung Chicken
19 th Country Fried Steak Mashed Potatoes Chuckwagon Blended Vegetables Whole Wheat Roll Sliced Pears Chef's Special: Fish & Chips	20 th Herb Roasted Chicken Breast Italian Mixed Vegetables Garden Salad Whole Wheat Roll Fruit Cocktail Chef's Special: Chef's Choice with Ice Cream	21 st Pork Chopette Mashed Potatoes Succotash Whole Wheat Roll Peach Crisp Soup Du Jour	22 nd Earth Day Open Faced Oven Roasted Turkey Sandwich Sweet Potato Mash Green Beans Whole Wheat Bread Apple Sauce Chef's Special: Chef Salad Plate	23 rd Sloppy Joe Baked Beans Peas & Carrots Whole Wheat Bun Fresh Oranges Chef's Special: Pizza & Salad Bar
26 th Birthday Celebration Home Style Meatloaf Mashed Potatoes Sliced Carrots Whole Wheat Roll Birthday Cake	27 th Baked Rigatoni with Italian Sausage Island Blended Vegetables Spinach Whole Wheat Roll Sliced Pears Chef's Special: Chef's Choice with Cookie	28 th BBQ Ribette Sandwich Ranch Style Beans California Vegetables Whole Wheat Bun Fresh Fruit Soup Du Jour	29 th Seafood Salad Plate Tri Colored Bean Salad Potato Salad Whole Wheat Bun Tropical Fruit Salad Chef's Special: Hamburger Deluxe	30 th Baked Tilapia Filet Vegetable Rice Pilaf Oriental Blended Vegetables Whole Wheat Roll Apple Cobbler Chef's Special: Stuffed Cabbage Roll